BOOK ANY 3 TREATMENTS ENJOY 15% OFF!
BOOK ANY 5 TREATMENTS ENJOY 20% OFF!

VITA

BEAUTY TREATMENTS

Vita Spa embodies complete holistic health and wellness, offering a natural environment for your healing journey. These beauty treatments and packages are intended to be cleansing, beautifying and restorative using effective yet gentle techniques with little to no pressure.

REJUVINATE & GLOW

60 minutes THB 2,500

A luxurious treatment designed to revive your skin's radiance. Using advanced massage techniques and potent active ingredients, this facial instantly reduces wrinkles and enhances skin clarity.

VITALITY FACIAL

60 minutes THB 2,500

A deep cleaning and purifying facial which can be tailored specifically for different skin types. Special products are combined with our unique cleansing regime to relax, re-hydrate and bring back nature's radiance to the skin.

FACIAL ACUPUNCTURE

45 minutes THB 2,000

Experience the many transformative effects of our Facial Acupuncture treatment, combining ancient acupuncture techniques with the timeless beauty of jade stones. This luxurious session offers a radiant holiday complexion.

HAND OR FOOT PARAFFIN

60 minutes THB 1750

Nourishing treatment for your hands and feet to restore moisture and smoothness to dry, dehydrated skin, leaving it soft and revitalized, helping alleviate joint pain. Includes: Scrub I Trim Nails I Massage I Paraffin

WELLBEING PACKAGES

SELF-LOVE PACKAGE

150 minutes THB 3,500

Self-love is the core of evolution. Pampering yourself with special care increases your capacity to love. Includes: Foot bath | Body scrub | Hot stone massage | Head massage Foot massage | Herbal tea

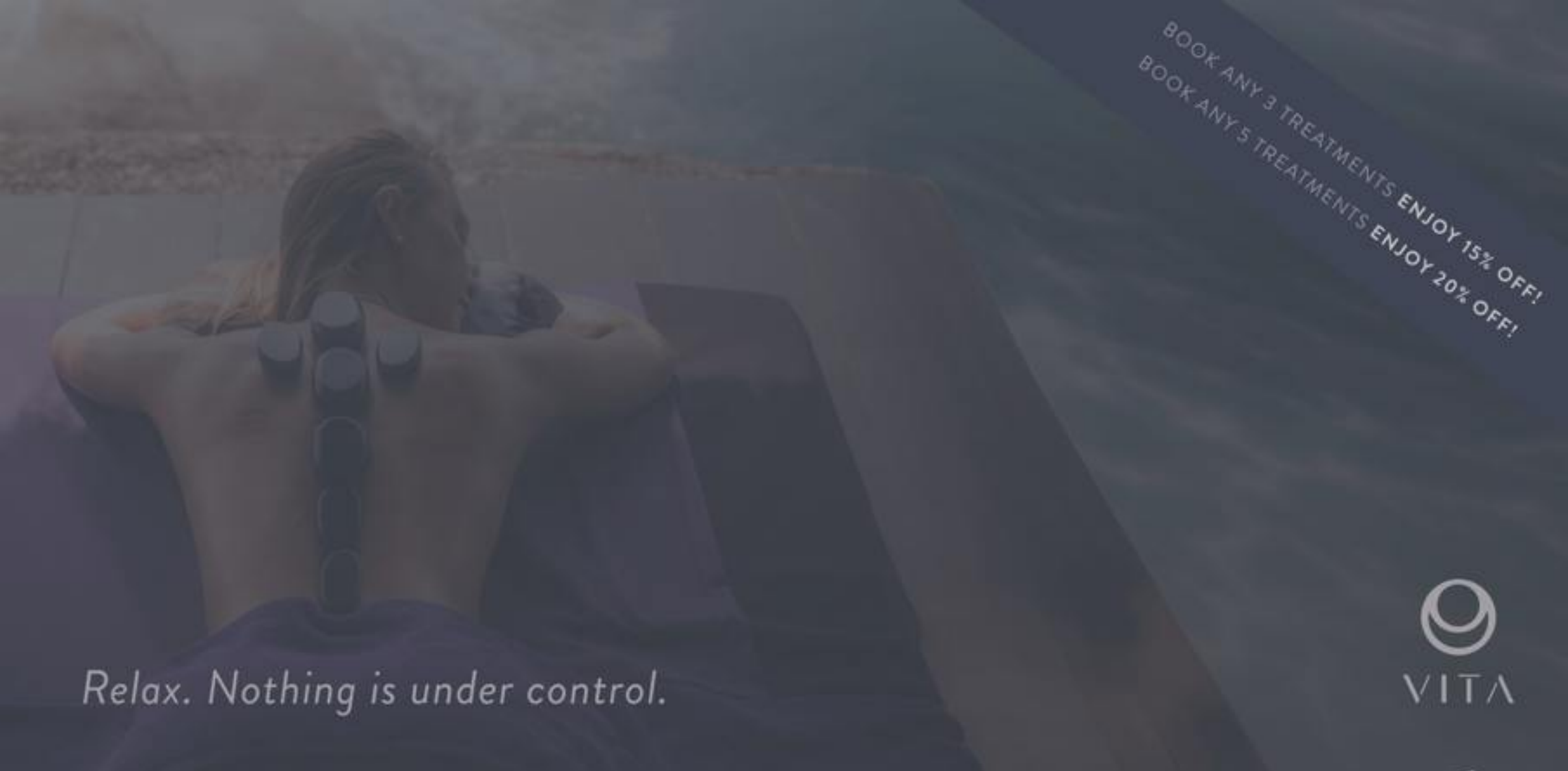
RECOVERY & RETREAT PACKAGE

150 minutes THB 3,500

Relaxing Aromatherapy oil massage, foot acupressure, coconut scrub, nails cut & file, and head massage. Includes. Foot bath | Coconut body scrub | Aromatherapy oil massage | Foot massage | Nails cut & file

Non-refundable or transferable. You may cancel or reschedule up to 12 hours prior with no charge. Cancelations within 4 hours oare charged in full. Prices subject to 7% VAT.

WELLBEING X VIKASA I TREATMENT MENU



BOOK ANY 3 TREATMENTS **ENJOY 15% OFF!**
BOOK ANY 5 TREATMENTS **ENJOY 20% OFF!**

VITA

WELLBEING × VIKASA

GENTLE & RELAXING

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Vita Spa embodies complete holistic health and wellness, offering a natural environment for your healing journey. The treatments on this page are intended to be gentle, relaxing and leave you feeling refreshed. The strength used in these massages will be light to medium.

AROMATHERAPY OIL MASSAGE
60 minutes THB 1,500 | 90 minutes THB 2,000

The application of aromatic oils combined with a gentle massage induces deep relaxation, relieving stress and promoting overall well-being. 100% Organic Coconut Oil can be used on the body instead of the Aroma Oil.

THAI COCONUT OIL MASSAGE
60 minutes THB 1,500 | 90 minutes THB 2,000

Using a combination of Traditional Thai Massage and invigorating, rhythmic oil massage, this massage works to stimulate the flow of energy so that the body can balance, clear negative energy and recharge.

COCONUT SCRUB & MASSAGE
90 minutes THB 2,500

Rediscover your natural, radiant glow with the removal of excessive dead skin cells and strengthening new skin tissue. The treatment is followed by an oil massage to restore the natural moisture of the skin.

LYMPHATIC DRAINAGE
90 minutes THB 2,500

Lymphatic Drainage Massage is a detoxifying treatment utilizing gentle pressure and long, rhythmic strokes to enhance lymph flow and diminish toxins within the body. For optimal results, we recommend multiple sessions.

ALOE VERA SUN RECOVERY
60 minutes THB 1,500 | 90 minutes THB 2,000

A special face and body massage using cooling aloe vera. Designed specifically for excessive sun exposure, this massage comforts the skin as well as reducing heat and redness. Suitable for even the most sensitive skin.

Non-refundable or transferable. You may cancel or reschedule up to 12 hours prior with no charge. Cancelations within 4 hours oare charged in full. Prices subject to 7% VAT.

TREATMENT MENU

BOOK ANY 3 TREATMENTS ENJOY 15% OFF!
BOOK ANY 5 TREATMENTS ENJOY 20% OFF!

LESS TENSION ♡ MORE INTENTION

VITA

STRONG & INVIGORATING

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Vita Spa embodies complete holistic health and wellness, offering a natural environment for your healing journey. The treatments on this page are intended to be robust, powerful and refreshing. The strength used in these massages will be medium to strong.

TRADITIONAL THAI MASSAGE
60 minutes THB 1,500 | 90 minutes THB 2,000
A combination of traditional stretching techniques combined with deep pressure along the meridians while mobilising joints help to stimulate blood flow for both mental and physical restoration.

SPORTS RECOVERY MASSAGE
60 minutes THB 1,750 | 90 minutes THB 2,250
A classic deep sports recovery massage to relieve muscle tension and pain, improve circulation and reduce stiffness after yoga. This is full body massage that will open and balance the energetic channels of the body.

VIBRATION MASSAGE
90 minutes THB 2,000
Experience a millennium-old massage tradition with our Vibration Massage, also known as "Tok Sen." This ancient technique allows the flow of life force back into the body, inducing a profound sense of relaxation and rejuvenation.

CRANIAL ACUPRESSURE
60 minutes THB 1,500 | 90 minutes THB 2,000
Traditional acupressure techniques are applied to the face, scalp and neck to relieve accumulated tension and blockages. This massage can be very effective as a stress reducer and can also relieve headaches.

DEEP TISSUE MASSAGE
60 minutes THB 1,500 | 90 minutes THB 2,000
Restorative Deep Tissue Massage relaxes the body and allows for the release of deeply held tension. Target deep muscle layers and connective tissues, benefitting those with persistent pain or tension.

FOOT ACUPRESSURE
60 minutes THB 1,500
By understanding how the body's organs respond to gentle pressure on the points of the feet, our therapists use a warmed compress to apply pressure with massage to help stimulate the body's natural recovery process.

THERAPUTIC MASSAGE
60 minutes THB 1,750 | 90 minutes THB 2,250
Address a wide spectrum of concerns, from physical injuries to mental stress. This form of massage aids in loosening tight muscles, enhancing muscle tone, and boosting flexibility, crucial for injury recovery.

HOT STONE MASSAGE
90 minutes THB 2,000
A deep tissue massage that creates a sensation of comfort and warmth. Heated volcanic stones are used to apply pressure to key points on the body. Relax tight muscles and promote healing with total relaxation.

HERBAL COMPRESS MASSAGE
90 minutes THB 2,000
This ancient tradition uses a warm compress pouch full of medicinal herbs and spices to gently press down on trigger points. Combined with therapeutic touch, this technique provides immediate relief and rejuvenation.

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WELLBEING X VIKASA | TREATMENT MENU